

Home or Transition?

The Step-Down Programs Provide:

- Community based home for youth with developmental disabilities
- Increased opportunities to gain valuable life skills
- Individualized treatment goals
- Professional staff to guide and support an individual's success
- Expanded opportunities for caregiver training
- Supportive environment so that the individual along with their families may enjoy community and home, as well as pursue health and independence.

The Great Lakes Center for Autism Treatment and Research is a program of Residential Opportunities, Inc., a non-profit mental health organization that provides support services for individuals with intellectual and developmental disabilities. We believe in helping the children and adolescents we serve reach their full potential in their community. At ROI, we offer a unique person and family-centered philosophy that creates a strong connection with the community for the individuals we serve. Driven by our Core Values, we place the needs of the individuals we serve as our highest priority.

To Learn More:

Contact GLC at 269.250.8200.

We will be happy to answer your questions and help you decide if one of the GLC Programs is right for your child and family.



269.343.3731

www.residentialopportunities.org



269.250.8200

www.autismtreatmentresearch.org

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Community • Independence • Empowerment

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The Great Lakes Center for Autism Treatment and Research (GLC) *Intensive Residential Treatment Program* is designed to help youth, ages 7-17, whose challenging behavior prevents them from being safe in the home and community. While in the program, the youth take part in intensive behavioral treatment but how the treatment is continued when the individual graduates from the program is just as important as the treatment itself. The individual's success is based on the caregiver's extensive training on their treatment plan, clinical oversight by Behavior Analysts, and close coordination with the educational system. For some individuals, this level of support is not available, or other barriers exist that prevent them from returning home; to meet these needs, the **step-down programs** were created.



Transition

When an individual graduates from Great Lakes Center for Autism Treatment and Research (GLC) *Intensive Residential Treatment Program*, and if returning home is not an immediate option, a **step-down program** offers a transition.

These step-down programs can serve up to six individuals who have successfully met their treatment plan goals during their stay in the *Intensive Residential Treatment Program*. This allows an individual to experience an environment that closely resembles a typical family home setting, and helps them build upon their existing skills.

The individual living at a step-down program can participate in a variety of activities just like any person learning to be more independent, like: doing homework or crafts while a meal is being prepared, learning how to wait their turn, getting ready for school, waiting for the bus, collecting items from the mailbox, running errands, working on other life skills or relaxing in the living room with their housemates. Each of these daily events can pose unique challenges. However, with the guidance and support of the (24/7) clinical team, the skills acquired in the *Intensive Residential Treatment Program*, combined with this daily practice will help to prepare these individuals to succeed when they return home or to their adult home placement.

Going Home

Some individuals may return home and others may need an adult home placement. Residential Opportunities, Inc. (ROI) provides licensed group homes for adults with developmental and intellectual disabilities.

Adults receiving services live in beautiful home settings, in safe neighborhoods, where they can enjoy the community, receive assistance with day-to-day needs, and build relationships with their peers. Whether we are coordinating medical appointments, teaching an individual new skills, or providing transportation to a sporting event, we are here to serve. The typical individual we serve is someone who needs 24-hour staffing support, and benefits from the structure and personal support that a licensed setting provides. To learn more please ask an ROI or GLC team member.

